

**Acknowledgement of Privacy Statement, Authorization and Assignments of Benefits**

Patients Name (Please print) \_\_\_\_\_ Date of Birth \_\_\_\_\_

Guarantor's Name (Please print) \_\_\_\_\_ Date of Birth \_\_\_\_\_  
(If patient is a minor or dependent)

**Privacy Statement**

I acknowledge that I have been informed of the Notice of Privacy Practices and the notice is available to me. Upon my request, I will receive a copy of the Notice of Privacy Practices, September 23, 2013 version. I understand that it is my responsibility to read the information provided therein.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient is a minor dependent, parent or legal guardian must sign)

**Release of Medical Information, Appointments and Prescriptions**

If patient is a minor or dependent, all parents or legal guardians must be listed below.

Should it become necessary, New Mexico Clinical Research & Osteoporosis Center, Inc. physicians and medical staff have my per mission to discuss my health information, including test results, with the individuals listed below. The people that are listed below are also authorized for the above statement regarding appointments and prescriptions. **I understand that if I need to change this information, it is my responsibility to request this in writing.**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone No. \_\_\_\_\_ ( ) Home ( ) Work ( ) Cell

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone No. \_\_\_\_\_ ( ) Home ( ) Work ( ) Cell

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient is a minor or dependent, parent or legal guardian must sign)

**Financial and Credit Policy**

I acknowledge that I have been informed of the Financial and Credit Policy and the policy is available to me upon my request. The policy provides me with information pertaining to co-pays, coinsurance, deductibles, No Show and cancellation/reschedules, and the statement process for any outstanding balances due on my account. The policy also addresses my responsibility to **provide 24-hours notice** if I am unable to keep my appointment to avoid a No Show or cancellation/reschedule fee, and the requirement by my insurance company to obtain and provide a doctor's order from my primary care provider for bone density testing. I understand that it is my responsibility to read the information provided therein.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient is a minor dependent, parent or legal guardian must sign)

**Appealing Insurance Denials**

I authorize NMCROC to enact appeals on my behalf to my primary and secondary (if applicable) insurance carriers as it relates to denials for the following: in-office treatment, authorized injectable medications, claim denials, prescription medication and durable medical equipment. I understand that by allowing NMCROC to appeal denials on my behalf, I am not guaranteed a positive outcome.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Consent for Treatment, Authorization and Assignment of Benefits**

I authorize the release of any medical or other information necessary to process the insurance claim(s) for services rendered by New Mexico Clinical Research & Osteoporosis Center, Inc. (NMCROC). I request payment of authorized Medicare, Medigap or other health insurance policy benefits for services rendered to me by NMCROC be made on my behalf to NMCROC. I request that payment of government benefits, if applicable, to the party who accepts assignment. I consent to treatment and understand that even though I may have insurance coverage, I am ultimately responsible for payment of services rendered. I understand that I have the right to revoke this agreement in writing.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient is a minor or dependent, parent or legal guardian must sign)



**Other Insurance (Non-Medicare)**

**Beneficiary Liability Waiver of Non-Covered Service**

**Patient Name:** \_\_\_\_\_

**Identification Number:** \_\_\_\_\_

There is a chance that your insurance company will not pay for the following service(s) described below. Your doctor or other health care provider may recommend you get services more often than your insurance plan does not cover. If this happens, you may have to pay some or all of the costs.

Services to be Received	Reason Insurance May Not Pay	Estimated Cost:
<input type="checkbox"/> Bone Density Test (DXA)  <input type="checkbox"/> Vertebral Fracture Assessment (VFA)	<input type="checkbox"/> Service never paid due to medically unnecessary.  <input type="checkbox"/> Your diagnosis does not support the need for this service.  <input type="checkbox"/> Frequency Limitations for Coverage	<input type="checkbox"/> <b>\$165 + tax</b>

Although we may not be required by your insurance plan to provide you with this notice, the purpose of this form is to help you make an informed choice about whether you want to receive these service(s) knowing that you may be responsible for the cost.

- Yes, I want to receive these service(s), and I want to have my insurance billed.
- Yes, I want to receive these service(s), and I do not want my insurance billed. I will pay now.
- No, I do not want to receive these service(s).

Most insurance companies may pay for screenings once every 24 months (United Health Care once every 36 months) and follow national guidelines for determining if the test will be covered. You are responsible for checking the coverage requirements of your insurance plan.

I understand that by signing this form, I will be fully responsible for the above estimated cost if I have elected to receive this service(s). I also understand that it is my choice to have these service(s) provided by New Mexico Clinical Research & Osteoporosis Center.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



**OSTEOPOROSIS HISTORY**  
**New Mexico Clinical Research and Osteoporosis Center**  
**Lance Rudolph, MD**

**GENERAL INFORMATION**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: M F (circle) Marital Status: \_\_\_\_\_

Ethnic background: \_\_\_\_\_

Are you retired? Y N

Occupation or Prior Occupation \_\_\_\_\_

Who referred you here? \_\_\_\_\_

Who is your primary care doctor? \_\_\_\_\_

Is there anyone else you would like to get a copy of this consultation? \_\_\_\_\_

How can we help you? \_\_\_\_\_

\_\_\_\_\_

**DIET AND HABITS**

Describe your diet: \_\_\_\_\_  
\_\_\_\_\_

How many servings of dairy products do you consume per day? \_\_\_\_\_  
(1 serving is a glass of milk, an ounce of cheese, a cup of cottage cheese, or a container of yogurt)

Do you salt your food? Y N

Do you have lactose or dairy intolerance? Y N

Do you exercise? Y N What do you do? \_\_\_\_\_  
\_\_\_\_\_

How long do you do it? \_\_\_\_\_ How many days per week? \_\_\_\_\_

Do you smoke? Y N How many packs per day? \_\_\_\_\_

If you stopped smoking, how old were you when you stopped? \_\_\_\_\_

How many years did you smoke? \_\_\_\_\_

Do you consume alcohol? Y N

How much per week? \_\_\_\_\_

### **BROKEN BONES**

What bone fractures have you had, how did they happen and how old were you at the time?

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### **STRENGTH AND BALANCE**

Have you lost strength? Y N

Do you have problems getting out of a chair? Y N

Do you have balance problems? Y N What kind? \_\_\_\_\_

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Do you use a walking aid or mobility aid? Y N What kind? \_\_\_\_\_

Have you had a fall? Y N

When was your last fall and what happened? \_\_\_\_\_

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### **FAMILY HISTORY**

Do any of your blood relatives have osteoporosis? Y N Who? \_\_\_\_\_

Do any of your blood relatives have osteopenia (low bone density)? Y N Who? \_\_\_\_\_

Has any one in the family had a bone fracture? Y N

(We are particularly interested in hip fractures)

Who, at what age and what type of fracture?

Who \_\_\_\_\_ Age \_\_\_\_\_ Type \_\_\_\_\_

Who \_\_\_\_\_ Age \_\_\_\_\_ Type \_\_\_\_\_

Who \_\_\_\_\_ Age \_\_\_\_\_ Type \_\_\_\_\_

### **YOUR HISTORY**

Are you allergic to any medications? Y N

What medications are you allergic to and what reactions do you have from them?

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How tall were you at age 20? \_\_\_\_\_

If you feel you have lost height, how much? \_\_\_\_\_

Please circle any of these illnesses that you have had and explain below if necessary:

- |                                       |  |
|---------------------------------------|--|
| Osteoporosis                          | Gastrointestinal disorder              |
| Osteopenia                            | Esophageal Stricture                   |
| Heart disease                         | Ulcers                                 |
| Lung disease                          | Trouble swallowing                     |
| Kidney disease                        | Other GI disorder                      |
| Liver disease                         | Celiac Disease                         |
| Transplantation                       | Endometriosis                          |
| Cancer                                | Asthma                                 |
| Diabetes                              | Obesity Surgery (list age and date)    |
| Rheumatoid Arthritis                  | Other surgery (list age and date)      |
| Thyroid Disease                       | Hypertension                           |
| Kidney Stones                         | Paget's disease                        |
| Stroke or other neurological disorder | Any other significant medical illness? |

Explain Here: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

For Females: Age at Menopause \_\_\_\_\_  
Did you take estrogen? Y N  
At what age did you start taking estrogen? \_\_\_\_\_  
When did you stop or are you still on it? \_\_\_\_\_

For Males: Do you have testosterone deficiency? Y N  
Do you have erectile dysfunction? Y N

Do you get regular dental care? Y N

**MEDICATION HISTORY**

Have you taken medications for osteoporosis or osteopenia? Y N  
If so, what medications, when did you start them, when did you stop them, did you have problems with them and if so, what problems? List below:

Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____

Additional space to explain problems: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you taking prednisone or other steroids? Y N  
Are you taking drugs to control the immune system? Y N  
Are you taking drugs for prostate cancer? Y N  
Are you taking antidepressants? Y N  
Are you taking medicine for acid reflux or other stomach conditions? Y N

Do you take calcium? Y N What brand? \_\_\_\_\_  
How many milligrams? \_\_\_\_\_  
Do you split the dose? Y N  
Do you take the calcium with food? Y N  
Does your calcium have vitamin D in it? If so, how much? \_\_\_\_\_

Do you take extra vitamin D? Y N How much? \_\_\_\_\_  
Do you take a multivitamin? Y N  
Do you take strontium? Y N

Please list all your prescription medications (name and dose):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list all over the counter supplements other than calcium, vitamin D and multivitamins:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Thank you for filling out this history form. The doctor will fill in any missing details at your visit.