

## Acknowledgement of Privacy Statement, Authorization and Assignments of Benefits

Patients Name (Please print) \_\_\_\_\_ Date of Birth \_\_\_\_\_

Guarantor's Name (Please print) \_\_\_\_\_ Date of Birth \_\_\_\_\_  
(If patient is a minor or dependent)

### Privacy Statement

I acknowledge that I have been informed of the Notice of Privacy Practices and the notice is available to me. Upon my request, I will receive a copy of the Notice of Privacy Practices, September 23, 2013 version. I understand that it is my responsibility to read the information provided therein.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient is a minor dependent, parent or legal guardian must sign)

### Release of Medical Information, Appointments and Prescriptions

If patient is a minor or dependent, **all** parents or legal guardians must be listed below.

Should it become necessary, New Mexico Clinical Research & Osteoporosis Center, Inc. physicians and medical staff have my permission to discuss my health information, including test results, with the individuals listed below. The people that are listed below are also authorized for the above statement regarding appointments and prescriptions. **I understand that if I need to change this information, it is my responsibility to request this in writing.**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone No. \_\_\_\_\_ ( ) Home ( ) Work ( ) Cell

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone No. \_\_\_\_\_ ( ) Home ( ) Work ( ) Cell

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient is a minor or dependent, parent or legal guardian must sign)

### Financial and Credit Policy

I acknowledge that I have been informed of the Financial and Credit Policy and the policy is available to me upon my request. The policy provides me with information pertaining to co-pays, coinsurance, deductibles, and the statement process for any outstanding balances due on my account. The policy also addresses my responsibility to provide 24-hours notice if I am unable to keep my appointment and the requirement by my insurance company to obtain and provide a doctor's order from my primary care provider for bone density testing. I understand that it is my responsibility to read the information provided therein.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient is a minor dependent, parent or legal guardian must sign)

### Authorization and Assignment of Benefits

I authorize the release of any medical or other information necessary to process the insurance claim(s) for services rendered by New Mexico Clinical Research & Osteoporosis Center, Inc. (NMCROC). I request payment of authorized Medicare, Medigap or other health insurance policy benefits for services rendered to me by NMCROC be made on my behalf to NMCROC. I request that payment of government benefits, if applicable, to the party who accepts assignment. I understand that even though I may have insurance coverage, I am ultimately responsible for payment of services rendered. I understand that I have the right to revoke this agreement in writing.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If patient is a minor or dependent, parent or legal guardian must sign)



Patient Name: \_\_\_\_\_

Identification Number: \_\_\_\_\_

### ADVANCE BENEFICIARY NOTICE OF NON-COVERAGE (ABN)

**NOTE:** If Medicare doesn't pay for the service below, you may have to pay. Medicare does not pay for everything, even some care that you or your health care provider have good reason to think you need. We expect Medicare may not pay for the service below.

Services to be Received	Reason Medicare May Not Pay	Estimated Cost:
<input checked="" type="checkbox"/> Bone Density Exam (DXA) <input type="checkbox"/> Vertebral Fracture Assessment (VFA) <input type="checkbox"/> Electrocardiogram (EKG) <input type="checkbox"/> Injection _____ <input type="checkbox"/> Infusion _____ <b>***Cost of injection &amp; infusion includes the administration of the drug***</b>	<input type="checkbox"/> Not payable within this time period. <input type="checkbox"/> Service never paid due to medically unnecessary. <input type="checkbox"/> Your diagnosis does not support the need for this service. <input type="checkbox"/> This many services are usually not paid. <input checked="" type="checkbox"/> Frequency Limitations for Coverage <input type="checkbox"/> Other Reason _____ _____	<input checked="" type="checkbox"/> <b>Between \$165 + tax</b> <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____

**WHAT YOU NEED TO DO NOW:**

- Read this notice, so you can make an informed decision about your care.
- Ask us any questions that you may have after you finish reading.
- Choose an option below about whether to receive the service (s) or item (s) listed above.

**Note:** If you choose Option 1 or 2, we may help you to use any other insurance that you might have, but Medicare cannot require us to do this.

OPTIONS: <b>Check only one box. We cannot choose a box for you.</b>
<input type="checkbox"/> <b>OPTION 1.</b> I want the _____ DXA _____ listed above. You may ask to be paid now, but I also want Medicare billed for an official decision on payment, which is sent to me on a Medicare Summary Notice (MSN). I understand that if Medicare doesn't pay, I am responsible for payment, but <b>I can appeal to Medicare</b> by following the directions on the MSN. If Medicare does pay, you will refund any payments I made to you, less co-pays or deductibles.
<input type="checkbox"/> <b>OPTION 2.</b> I want the _____ DXA _____ listed above, but do not bill Medicare. You may ask to be paid now, as I am responsible for payment. <b>I cannot appeal if Medicare is not billed.</b>
<input type="checkbox"/> <b>OPTION 3.</b> I don't want the _____ DXA _____ listed above. I understand with this choice I am <b>not</b> responsible for payment, and <b>I cannot appeal to see if Medicare would pay.</b>

**Additional Information:**

**This notice gives our opinion, not an official Medicare decision.** If you have other questions on this notice or Medicare billing, call **1-800-MEDICARE** (1-800-633-4227/TTY: 1-877-486-2048). Signing below means that you have received and understand this notice. You also receive a copy.

<b>Signature:</b> _____	<b>Date:</b> _____
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According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0566. The time required to complete this information collection is estimated to average 7 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Baltimore, Maryland 21244-1850.



**OSTEOPOROSIS HISTORY**  
**New Mexico Clinical Research and Osteoporosis Center**  
**Lance Rudolph, MD**

**GENERAL INFORMATION**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: M F (circle) Marital Status: \_\_\_\_\_

Ethnic background: \_\_\_\_\_

Are you retired? Y N

Occupation or Prior Occupation \_\_\_\_\_

Who referred you here? \_\_\_\_\_

Who is your primary care doctor? \_\_\_\_\_

Is there anyone else you would like to get a copy of this consultation? \_\_\_\_\_

How can we help you? \_\_\_\_\_

\_\_\_\_\_

**DIET AND HABITS**

Describe your diet: \_\_\_\_\_  
\_\_\_\_\_

How many servings of dairy products do you consume per day? \_\_\_\_\_  
(1 serving is a glass of milk, an ounce of cheese, a cup of cottage cheese, or a container of yogurt)

Do you salt your food? Y N

Do you have lactose or dairy intolerance? Y N

Do you exercise? Y N What do you do? \_\_\_\_\_  
\_\_\_\_\_

How long do you do it? \_\_\_\_\_ How many days per week? \_\_\_\_\_

Do you smoke? Y N How many packs per day? \_\_\_\_\_

If you stopped smoking, how old were you when you stopped? \_\_\_\_\_

How many years did you smoke? \_\_\_\_\_

Do you consume alcohol? Y N

How much per week? \_\_\_\_\_

### **BROKEN BONES**

What bone fractures have you had, how did they happen and how old were you at the time?

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### **STRENGTH AND BALANCE**

Have you lost strength? Y N

Do you have problems getting out of a chair? Y N

Do you have balance problems? Y N What kind? \_\_\_\_\_

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Do you use a walking aid or mobility aid? Y N What kind? \_\_\_\_\_

Have you had a fall? Y N

When was your last fall and what happened? \_\_\_\_\_

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### **FAMILY HISTORY**

Do any of your blood relatives have osteoporosis? Y N Who? \_\_\_\_\_

Do any of your blood relatives have osteopenia (low bone density)? Y N Who? \_\_\_\_\_

Has any one in the family had a bone fracture? Y N

(We are particularly interested in hip fractures)

Who, at what age and what type of fracture?

Who \_\_\_\_\_ Age \_\_\_\_\_ Type \_\_\_\_\_

Who \_\_\_\_\_ Age \_\_\_\_\_ Type \_\_\_\_\_

Who \_\_\_\_\_ Age \_\_\_\_\_ Type \_\_\_\_\_

### **YOUR HISTORY**

Are you allergic to any medications? Y N

What medications are you allergic to and what reactions do you have from them?

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How tall were you at age 20? \_\_\_\_\_

If you feel you have lost height, how much? \_\_\_\_\_

Please circle any of these illnesses that you have had and explain below if necessary:

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|---------------------------------------|--|
| Osteoporosis                          | Gastrointestinal disorder              |
| Osteopenia                            | Esophageal Stricture                   |
| Heart disease                         | Ulcers                                 |
| Lung disease                          | Trouble swallowing                     |
| Kidney disease                        | Other GI disorder                      |
| Liver disease                         | Celiac Disease                         |
| Transplantation                       | Endometriosis                          |
| Cancer                                | Asthma                                 |
| Diabetes                              | Obesity Surgery (list age and date)    |
| Rheumatoid Arthritis                  | Other surgery (list age and date)      |
| Thyroid Disease                       | Hypertension                           |
| Kidney Stones                         | Paget's disease                        |
| Stroke or other neurological disorder | Any other significant medical illness? |

Explain Here: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

For Females: Age at Menopause \_\_\_\_\_  
Did you take estrogen? Y N  
At what age did you start taking estrogen? \_\_\_\_\_  
When did you stop or are you still on it? \_\_\_\_\_

For Males: Do you have testosterone deficiency? Y N  
Do you have erectile dysfunction? Y N

Do you get regular dental care? Y N

**MEDICATION HISTORY**

Have you taken medications for osteoporosis or osteopenia? Y N  
If so, what medications, when did you start them, when did you stop them, did you have problems with them and if so, what problems? List below:

Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____

Additional space to explain problems: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you taking prednisone or other steroids? Y N  
Are you taking drugs to control the immune system? Y N  
Are you taking drugs for prostate cancer? Y N  
Are you taking antidepressants? Y N  
Are you taking medicine for acid reflux or other stomach conditions? Y N

Do you take calcium? Y N What brand? \_\_\_\_\_  
How many milligrams? \_\_\_\_\_  
Do you split the dose? Y N  
Do you take the calcium with food? Y N  
Does your calcium have vitamin D in it? If so, how much? \_\_\_\_\_

Do you take extra vitamin D? Y N How much? \_\_\_\_\_  
Do you take a multivitamin? Y N  
Do you take strontium? Y N

Please list all your prescription medications (name and dose):

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Please list all over the counter supplements other than calcium, vitamin D and multivitamins:

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Thank you for filling out this history form. The doctor will fill in any missing details at your visit.