

Acknowledgement of Privacy Statement, Authorization and Assignments of Benefits

Patients Name (Please print) _____ Date of Birth _____

Guarantor's Name (Please print) _____ Date of Birth _____
(If patient is a minor or dependent)

Privacy Statement

I acknowledge that I have been informed of the Notice of Privacy Practices and the notice is available to me. Upon my request, I will receive a copy of the Notice of Privacy Practices, September 23, 2013 version. I understand that it is my responsibility to read the information provided therein.

Signature: _____ Date: _____
(If patient is a minor dependent, parent or legal guardian must sign)

Release of Medical Information, Appointments and Prescriptions

If patient is a minor or dependent, **all** parents or legal guardians must be listed below.

Should it become necessary, New Mexico Clinical Research & Osteoporosis Center, Inc. physicians and medical staff have my permission to discuss my health information, including test results, with the individuals listed below. The people that are listed below are also authorized for the above statement regarding appointments and prescriptions. **I understand that if I need to change this information, it is my responsibility to request this in writing.**

Name: _____ Relationship: _____

Phone No. _____ () Home () Work () Cell

Name: _____ Relationship: _____

Phone No. _____ () Home () Work () Cell

Signature: _____ Date: _____
(If patient is a minor or dependent, parent or legal guardian must sign)

Financial and Credit Policy

I acknowledge that I have been informed of the Financial and Credit Policy and the policy is available to me upon my request. The policy provides me with information pertaining to co-pays, coinsurance, deductibles, and the statement process for any outstanding balances due on my account. The policy also addresses my responsibility to provide 24-hours notice if I am unable to keep my appointment and the requirement by my insurance company to obtain and provide a doctor's order from my primary care provider for bone density testing. I understand that it is my responsibility to read the information provided therein.

Signature: _____ Date: _____
(If patient is a minor dependent, parent or legal guardian must sign)

Authorization and Assignment of Benefits

I authorize the release of any medical or other information necessary to process the insurance claim(s) for services rendered by New Mexico Clinical Research & Osteoporosis Center, Inc. (NMCROC). I request payment of authorized Medicare, Medigap or other health insurance policy benefits for services rendered to me by NMCROC be made on my behalf to NMCROC. I request that payment of government benefits, if applicable, to the party who accepts assignment. I understand that even though I may have insurance coverage, I am ultimately responsible for payment of services rendered. I understand that I have the right to revoke this agreement in writing.

Signature: _____ Date: _____
(If patient is a minor or dependent, parent or legal guardian must sign)

OSTEOPOROSIS HISTORY
New Mexico Clinical Research and Osteoporosis Center
Lance Rudolph, MD

GENERAL INFORMATION

Name: _____ Date of Birth: _____

Age: _____ Gender: M F (circle) Marital Status: _____

Ethnic background: _____

Are you retired? Y N

Occupation or Prior Occupation _____

Who referred you here? _____

Who is your primary care doctor? _____

Is there anyone else you would like to get a copy of this consultation? _____

How can we help you? _____

DIET AND HABITS

Describe your diet: _____

How many servings of dairy products do you consume per day? _____
(1 serving is a glass of milk, an ounce of cheese, a cup of cottage cheese, or a container of yogurt)

Do you salt your food? Y N

Do you have lactose or dairy intolerance? Y N

Do you exercise? Y N What do you do? _____

How long do you do it? _____ How many days per week? _____

Do you smoke? Y N How many packs per day? _____

If you stopped smoking, how old were you when you stopped? _____

How many years did you smoke? _____

Do you consume alcohol? Y N

How much per week? _____

BROKEN BONES

What bone fractures have you had, how did they happen and how old were you at the time?

STRENGTH AND BALANCE

Have you lost strength? Y N

Do you have problems getting out of a chair? Y N

Do you have balance problems? Y N What kind? _____

Do you use a walking aid or mobility aid? Y N What kind? _____

Have you had a fall? Y N

When was your last fall and what happened? _____

FAMILY HISTORY

Do any of your blood relatives have osteoporosis? Y N Who? _____

Do any of your blood relatives have osteopenia (low bone density)? Y N Who? _____

Has any one in the family had a bone fracture? Y N

(We are particularly interested in hip fractures)

Who, at what age and what type of fracture?

Who _____ Age _____ Type _____

Who _____ Age _____ Type _____

Who _____ Age _____ Type _____

YOUR HISTORY

Are you allergic to any medications? Y N

What medications are you allergic to and what reactions do you have from them?

How tall were you at age 20? _____

If you feel you have lost height, how much? _____

Please circle any of these illnesses that you have had and explain below if necessary:

- | | |
|---------------------------------------|--|
| Osteoporosis | Gastrointestinal disorder |
| Osteopenia | Esophageal Stricture |
| Heart disease | Ulcers |
| Lung disease | Trouble swallowing |
| Kidney disease | Other GI disorder |
| Liver disease | Celiac Disease |
| Transplantation | Endometriosis |
| Cancer | Asthma |
| Diabetes | Obesity Surgery (list age and date) |
| Rheumatoid Arthritis | Other surgery (list age and date) |
| Thyroid Disease | Hypertension |
| Kidney Stones | Paget's disease |
| Stroke or other neurological disorder | Any other significant medical illness? |

Explain Here: _____

For Females: Age at Menopause _____
Did you take estrogen? Y N
At what age did you start taking estrogen? _____
When did you stop or are you still on it? _____

For Males: Do you have testosterone deficiency? Y N
Do you have erectile dysfunction? Y N

Do you get regular dental care? Y N

MEDICATION HISTORY

Have you taken medications for osteoporosis or osteopenia? Y N
If so, what medications, when did you start them, when did you stop them, did you have problems with them and if so, what problems? List below:

Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____
Medication _____	Start _____	Stop _____	Problem Y N	What Problem? _____

Additional space to explain problems: _____

Are you taking prednisone or other steroids? Y N
Are you taking drugs to control the immune system? Y N
Are you taking drugs for prostate cancer? Y N
Are you taking antidepressants? Y N
Are you taking medicine for acid reflux or other stomach conditions? Y N

Do you take calcium? Y N What brand? _____
How many milligrams? _____
Do you split the dose? Y N
Do you take the calcium with food? Y N
Does your calcium have vitamin D in it? If so, how much? _____

Do you take extra vitamin D? Y N How much? _____
Do you take a multivitamin? Y N
Do you take strontium? Y N

Please list all your prescription medications (name and dose):

Please list all over the counter supplements other than calcium, vitamin D and multivitamins:

Thank you for filling out this history form. The doctor will fill in any missing details at your visit.